

The logo for Tamar Valley Health Patients' Group, featuring the lowercase letters 'tvh' in a stylized font followed by 'PPG' in a bold, uppercase font.

Tamar Valley Health
Patients' Group



2022 was a very challenging year for the Tamar Valley Health practice. It was only a year ago we had the Omicron shut down of the country yet despite this there have been several fantastic achievements provided via the new primary care network. These achievements included over 10,500 COVID vaccinations through the Spring and Winter program, completing 7,500 flu vaccines during the Winter, restarting the chronic disease reviews and welcoming more clinical and non-clinical roles to the practice to support great patient care. Saturday clinics have been expanded with a new service 'Enhanced access', which will provide increased capacity to see and support more patients with their health. This initiative will help to meet the Tamar Valley Health mission pledging to support healthier lives for our communities through providing outstanding health care.

NHS Digital published figures for October 22 showing that Tamar Valley health completed 12,161 face-to-face patient appointments. TVH is the 9th biggest practice in the County but are ranked third for appointments in October, a huge achievement considering the challenges the Practice has faced. They have also continued to invest in both individual practice sites to improve the experience of both staff and service users, while expanding the clinical space they have to see patients.

Nationally there were more than 3,700 patients a day in hospital with flu in recent weeks and the number is rising according to the latest data from NHS England. There is also high demand for people needing specialised care in critical care beds. NHS England warns pressures on the health service continue to grow as viruses like flu re-circulate after a hiatus during the pandemic.

What is affecting the TVH practice at the moment is the massive increased patient demand from the spike in winter illnesses, RSV, flu and cold viruses. As flu rates are increasing, if you are at high risk and have not already done so, please consider booking a flu vaccination. The TVH practice still has the flu vaccine available. Contact them on 01579 382666 and book your appointment now.

On behalf of the TVH Patient participation group, best wishes for a healthy and Happy New Year.

Sharon Trafford
TVH PPG Chair